

**St. Therese Early Education Center
Child Asthma Action Plan**

Child's Name: _____ Class: _____

1. Triggers that might start an asthma episode for this child: (Please circle all that apply)

Exercise Animal Dander Cigarette smoke, strong odors
 Respiratory Infection Pollens Temperature Changes Foods _____
 Emotions (e.g. when upset) Molds Irritants (e.g. chalk dust) Other: _____

2. Control of Center Environments:

_____ Environmental measures to control triggers at the center _____
 _____ Pre-Medications (prior to exercise, outdoor play) _____
 _____ Dietary Restrictions _____

3. Routine Asthma and Allergy Medication Schedule (list all medications currently taking for asthma symptoms)

Medication Name	Dose & Frequency	When to Administer At home	When to Administer At the center (Regularly scheduled or when symptomatic? List symptoms)

4. Asthma Medications (must be current, and have the original prescription label) and supplies must be kept on hand at St. Therese Early Education Center. Only staff members trained in the 5 Rights of Medication Administration will be allowed to administer asthma medication. If a child is old enough to attend off-site field experiences, a staff member will be instructed on correct use of asthma medications and bring a copy of the Asthma Action Plan along with emergency contact information. (Diocese 16.D.a Health Room Policy, created EEC 2013)

Parent/Guardian Signature _____ Date _____

Reviewed by Center Administration _____ Date _____